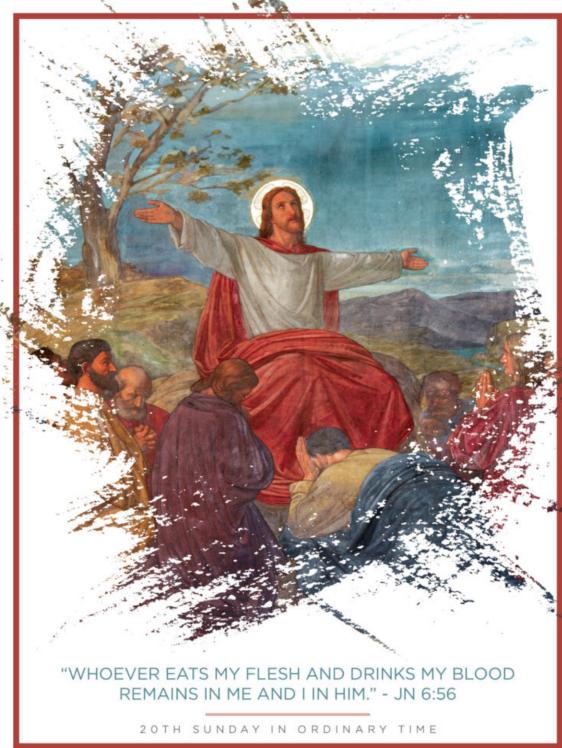


# Our Lady of the WAYSIDE PARISH



EXCERPTS FROM THE LECTIONARY FOR MASS @2001, 1998, 1970 CCD. @LPI

August 18, 2024

Twentieth Sunday in Ordinary Time

434 W. Park Street Arlington Heights, IL 60005 Phone: (847) 253-5353 Website: olwparish.org

#### **Pastoral Staff**

Rev. Arthur Marat Pastor

Rev. Gilbert Mashurano Associate Pastor

Rev. Daniel J. Brady Retired Priest & Resident

Deacon Jerry (and Veronica) Brennan

Deacon Thomas (and Irene) Corcoran

Deacon Dr. Donald Grossnickle

Deacon Peter (and Jan) LeTourneau Director of Parish Ministry and Evangelization

Deacon Paul (and Lisa) Onischuk

Patty McCarthy Director of Faith Formation

Mr. Dan McMahon Director of Music

Mrs. Kathy O'Neill Coordinator of Pastoral Healthcare

Ms. Emilia Walasik Youth Ministry Director

#### Parish Office Administration

Mr. Patrick Fitzgerald Operations Director

Regina Kaster Parish Office Receptionist

Ms. Patricia Porzezinski Parish Office Manager

Mr. Sean Reilly Director of Communications

#### Vision Statement:

We will be a parish who lives the message and mission of Jesus.

# FAMILY HOT DOG GRILL-OUT & POTLUCK

Sunday, August 31 6:00-8:30 pm





OLW parishioners, families and guests are welcome to join the OLW Men's Group ("That Man is You") for a Family Hot Dog Grill-out and Potluck in the Gathering Place Courtyard on **Saturday, August 31, from 6:00–8:30pm** – immediately following 5:00 pm Mass.

**TMIY WILL SUPPLY:** Hot dogs, brats, buns, condiments, plates, utensils, cups, napkins, water and ice (we're also happy to place other foods on the grill as able)

**POTLUCK PORTION:** Attendees are requested to bring enough apps/sides/desserts for 12 servings. If your last name begins

with the letters...

- **A-H**: Bring appetizers (chips, dips, cheese/crackers, etc.)
- **I-P**: Bring side dishes (corn, beans, salads, etc.)
- **Q-Z**: Bring desserts (cookies, brownies, watermelon, etc.)

**BEVERAGES:** BYO (there will not be extras). Drop off your coolers in the Gathering Place before Mass.

**LIVE MUSIC:** Provided by members of the "Brown Liquor Guitar Group"





**NO CHARGE** to attend (donations accepted to defray costs)

RSVP BY TUESDAY, AUGUST 27 so we can purchase enough food for everyone.

Email Brad Morrison or Dave Woods at **mensgroup@olwparish.org**.

#### OUR STEWARDSHIP OF TREASURE

Sunday Collection for August 11, 2024



	This Week	Budget	Variance
Sunday Masses	\$10,892		
Mail and Walk-up	\$1,867		
eGiving	\$15,239		
Total Sunday	\$27,998	\$34,135	(\$6,137)

School Support	This Week	YTD
Rebek	\$25	\$7,857

#### Thank you for your generosity!







# LEGACY PLANNING

#### Retirement Account Gifting

Many of us have diligently worked to accumulate the wealth that God has bestowed upon us. Now, let's consider giving back to our parish community.

Have you thought about making a gift through your individual retirement account (IRA)? By naming our beloved *Our Lady of the Wayside* as a beneficiary, you'll provide vital financial support. The entire value of your gift will be transferred to us, free from federal estate and income tax. Best of all, changing the beneficiary on your retirement plan costs nothing but holds immeasurable value for our future parish community.

Please contact your IRA administrator for more information, or contact Patrick Fitzgerald, Our Lady of the Wayside's Operations Director, at (847) 253-5353 x229 or **operations@olwparish.org**.

#### The Fullness of Life

By Colleen Jurkiewicz Dorman



Like any other child of the '90s raised by budget-conscious parents, I've spent my fair share of Sunday mornings in line at an Old Country Buffet, hot plate in hand. Kids ate for chump change on Sundays, and I never left that fine establishment without getting our money's worth. I always came away stuffed to the gills.

But I never, ever remember feeling satisfied.

In fact, if I recall correctly, most of the time I felt rather empty. I was always thinking about the food I didn't get to eat — whatever I couldn't fit on my plate, or whatever they were bringing out from the kitchen just as we were about to leave.

As I've gotten older, it's a feeling I've encountered again and again, and not just at buffets. Haven't we all? The people you think are prefect reveal themselves to be deeply flawed. The things you want the most are never as satisfying to possess as they are to long for. The experiences you anticipate the most end up being letdowns, when instead it's the ordinary moments — maybe even the hard moments, the painful moments — that stand out, that become cherished memories.

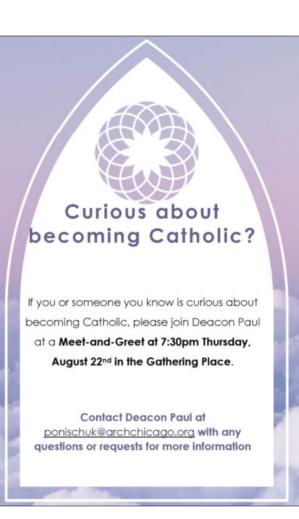
Today's scripture readings equate wisdom and fullness with an acceptance of something that makes no sense, that defies scientific explanation, cultural norms, and even common sense: the Real Presence of our God in the Eucharist.

Is it strange to believe that we are consuming the Body and Blood of Christ in our worship, and that only by doing so will we ever achieve everlasting life?

Perhaps. But we are asked to do many strange things as Christians. We are asked to love when we do not feel like loving, when the object of that love has not earned it. We are asked to forgive even when the recipient of that forgiveness does not seek it or merit it. We are asked to believe, in moments when belief feels impossible.

Socrates says that the only wisdom is in knowing that you know nothing. Perhaps the only spiritual fullness is in knowing that there is only emptiness to be had here in this world, that there is no physical experience or indulgence that can really make you feel satisfied and strong. That the only food that really nourishes you in a way that lasts is a small white Host you can barely taste on your tongue.

"My flesh is true food, and my blood is true drink." ~John 6:55



#### Here's what former RCIA participants had to say..

#### From Kirk...

The OLW RCIA program gave me an opportunity to become more connected to my faith and the OLW community as a whole. The small group environment allowed for active participation and meaningful discussions with the other catechumens, sponsors and church leaders. I looked forward to each week's meeting and the topics for discussion. It allowed me to grow my faith and be connected to our parish community.

#### From Jacob...

My RCIA experience at OLW was everything I was hoping for and more! Weekly meetings were always extremely inviting and something I looked forward to. Learning about the Catholic faith with my RCIA group was a pleasure. Truly a special journey for myself and grateful for the OLW community.

#### From Ed...

The journey towards my confirmation was a transformative experience, one that reignited my faith and enriched my life in profound ways. I am deeply grateful for the dedication and inspiration provided by the volunteers of the RCIA group. Their personal stories and unwavering commitment to their faith served as a beacon of light, guiding me back to the path I had wandered from. Each volunteer brought a unique perspective, and their collective wisdom and kindness were instrumental in my spiritual renewal.



# REGISTRATION IS NOW OPEN

for the tri-parish 5K and 1-mile Fun Run/Walk. The event will take place on **September 14** beginning with the Kids Dash at **7:45** am.

REGISTER TODAY! https://bit.ly/2021WalkForPoor

Or use the QR Code below.



# WE ARE BETTER TOGETHER!

We all need support to live the life we are called to live. In Christian Family Movement (CFM) you will discover the love and support of friends who will journey with you through struggles and joys. You will build lifelong friendships with families who are striving after the same goal: following Jesus and being his hands, feet, and heart in the world. In CFM you will be formed and transformed.

What parishioners shared when asked what they valued about CFM:



"The tight community and ability to discuss our faith openly and proudly."

-Greg & Patricia Sutter



"Friendships made and rekindled.
Continuing on our faith journey together."

-Phil Lannon

"The parish and all the people I know from our years in CFM. CFM leads to a wonderful fellowship." –*Kathy Lannon* 



"It's nice to connect with other couples that have children and make lasting friendships."

-Kevin & Nancy Doheny



To learn more about CFM, contact CFM Chaircouple, Neal & Maureen Loughery, at cfmchair@olwparish.org



# SUMMER HOURS ENDING SOON

Effective **Tuesday, Sept. 3,** Parish Office Fall & Winter Hours will be as follows:

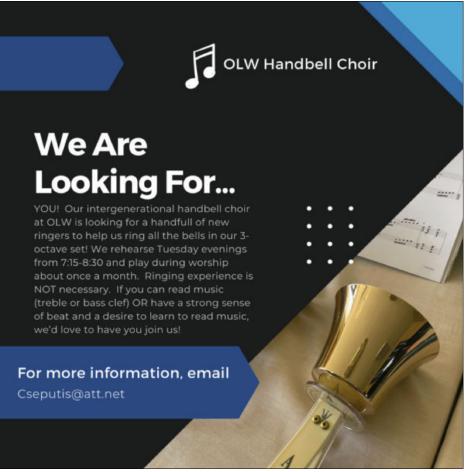
#### **Monday – Friday**

8:30 am – 7:30 pm (closed 12 Noon – 1:00 pm)

#### **Saturday**

8:30 am – 11:30 am

**Sunday** CLOSED





# Pray for those celebrating the Sacrament of Matrimony

III Zackery Teffeteller & Elizabeth Drab Saturday, August 24, at 3pm

I Douglas Bartczak & Margaret Piergalski Friday September 6, at 3pm

I Jeffrey Reckards & Sara Girolami Saturday September 7, at 1pm

I Adam Dubuque & Stephanie Drnek Saturday September 7, at 3pm



# RELIGIOUS EDUCATION 2024-2025

'Let the children come to me' Matthew 19:14



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bit.ly/3VKb0oS

SEPTEMBER 3
5:00-6:00PM
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PICK UP
THE GATHERING PLACE
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OUR WEBSITE

#### **TUESDAY SESSIONS**



FAMILY HOME STUDY



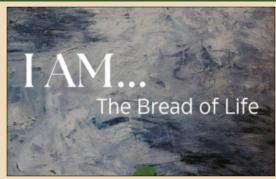
More information at <u>olwparish.org/rep</u> Questions?:: Contact Patty McCarthy <u>faithformation@olwparish.org</u>

SACRAMENT PREPARATION



Confirmation
Curriculum
CHOSEN!

## Bible Study In Person & Online / Friday Morning 9:30



Join us for lively discussion of next Sunday's readings:

Joshua 24;1-2, 15-18 Ephesians 5:21-32 John 6:60-69

Join us in the Cabrini Room of the Parish Center or email **biblestudy@olwparish.org** for a sign-in code.







#### **ENJOY THE END OF SUMMER WITH LOU'S!**

Raise a Slice For Our Lady of the Wayside

Wednesday, August 21st from 11AM - 11PM

#### LOCATION:

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Make sure your order counts towards our fundraiser!

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**TAKE OUT:** Mention that you are with Our Lady of the Wayside when placing your order.

**DINE IN:** Mention that you are with Our Lady of the Wayside when placing your order.

# KATHY O'NEILL, R.N. COORDINATOR OF PASTORAL HEALTHCARE

# **Reach Your Step Count Without Injury**

The benefits of walking are widely celebrated. Regularly getting your steps in can reduce your risk of heart disease and stroke, help manage your weight, improve chronic conditions such as hypertension, diabetes and high cholesterol, and lower stress levels. And best of all, it is an exercise that most people of all ages can adopt. But when starting a walking routine, it's important to recognize that excessive walking can lead to injury.

Dr. Annie Stroze, a podiatrist and foot & ankle surgeon at Aurora Health Care, offers advice on how to prevent strain on your feet and ankles:

#### Preparing to walk

When starting an exercise routine, all increases in activity should be gradual. Too much activity right off the bat can lead to injury. Start small and gradually increase the intensity and duration of whatever exercise you are doing.

For routine walking, as opposed to hiking, select a flat surface to avoid potential twists and turns.

Stretching exercises are recommended. Specifically, the calf muscle should be stretched to decrease strain throughout the foot. The runner's stretch and toe touch are good options for before and after a walk. Stretching helps to prevent musculoskeletal injury and relieves muscular stress.



#### **Footwear**

Wearing the proper footwear is critical to protecting your feet and ankles. Here are three tips for selecting footwear:

- 1. Pay attention to both the length of the shoe and its depth. You should have enough room in a shoe for a thumb's breadth between the big toe and the end of the shoe. Depth of the shoe should be enough to accommodate any hammertoe deformities that may exist.
- 2. Shoes with seams across bony areas often lead to issues with blistering or even wounds. Make sure the seam on the shoe does not cross a bony bump. Soft, flexible toe boxes are best.
- 3. Your heel should not slip across the back of the shoe and should feel snug. Changing the lacing pattern of the shoe can sometimes lead to an improved fit. This can be done by threading the lace through the last eyelet so that the lace comes out on the inside of the shoe, creating a loop between the last two eyelets.

#### Goal setting

Wearable devices allow you to easily set and track movement goals, including walking. Remember to set attainable goals. It's great to have a big goal, but sometimes setting smaller milestone goals along the way will help you get to your desired outcome. A general goal is 30 minutes of activity a day.

#### Common injury

When done properly, walking will improve bone quality and can help prevent the weakening of bones by stimulating bone growth. But there also are common injuries that can be sustained with excessive walking, including stress fractures, inflammation, sprains, and calluses or blisters. When these occur, rest, ice and elevation are recommended.

Depending on the injury, most soreness and aches should improve within two to three days. If pain is worsening or fails to improve during that time, seek medical care.

Overall, the benefits of walking outweigh the risks.

Article contributed by: Annette Guye-Kordus





### HOW TO SUFFER WELL

Midlife Women's Healing Group

ST. HUBERT MINISTRY CENTER

Thursdays | 7pm beginning Sept 5th

Are you 45+ and find yourself in a season of suffering? Maybe you feel abandoned? Invisible? Unheard? You are not alone. Study John Paul II's Salvifici Doloris with us to find meaning in your own walk through the Valley Of Tears.



Scan QR code to register



Out of the Darkness

Chicagoland Walk

Saturday, Sept. 14, 2024

9:00 am | Montrose Harbor -- Chicago, IL

Register or Donate at:

afsp.org/chicago









# THANK YOU!

Thank you to all of OLW parishioners who lovingly participated in the Baby Bottle Campaign to raise funds for the Women's Centers of Greater Chicagoland! We received **279 baby bottles** filled with change, bills and checks. These were delivered to the Women's Centers on July 9.

Since then, all of the proceeds were counted, and we are pleased to announce that total donations from OLW were **\$8,929.71!** 

Thank you for supporting mothers and their unborn babies!







# Thursday, September 12, 2024

Join us for a day of unparalleled golf, friendship, and philanthropy at Mundelein Seminary's annual Rector's Classic golf outing.

This year, we are proud to honor Sr. Rosemary Connelly, RSM, Chairman of Misericordia



Learn more, register, and sponsor on our website at: www.usml.edu/rectors-classic







### You are invited to a Prayer Breakfast!

Please join us for an excellent meal, praise and worship music and an outstanding testimony by Julie Storr September 14th, 2024 - 9 am - noon St Elizabeth Ann Seton Crystal Lake, IL

http://www.magnificat-ministry.net/chapters/il-mchenry/ Sponsored by Mary~Mother of the Eucharist- McHenry, IL Chapter



Invest time each week to expand your vocabulary and deepen your faith.

18 August 2024

#### WORD OF THE WEEK

#### Gaudium et Spes \'gau-de-əm 'et 'spes\

Literally, "joy and hope," also known as the Pastoral Constitution on the Church in the Modern World. One of four Vatican II Constitutions, it expresses how the church perceives its mission in relation to the wider world and its responsibility to the needs of all people.

Pronunciation: https://tinyurl.com/Take5-Gaudium-et-spes

#### **CONTEXT**

The joys and the hopes, the griefs and the anxieties of the men of this age, especially those who are poor or in any way afflicted, these are the joys and hopes, the griefs and anxieties of the followers of Christ.

-Opening line from Guadium et spes

Synodality empowers the faithful to actively participate in the life and mission of the church as we discern together the signs of the time and respond with creativity and courage to the challenges and opportunities of our day. This is also what Vatican II called us to do in **Gaudium et Spes**.

—Cardinal Wilton Gregory

#### **WHY IT MATTERS**

**Gaudium et Spes** marks a turning point in the church's relationship to secular society. It regards our rapidly changing world not only spiritually but scientifically and looks at the benefits the church and humanity have received from one another. In the modern world, it declares, history is no longer a private affair. The future of our precious and fragile world depends on the development of a global identity.

From the Pastoral Constitution on the Church in the Modern World: "Christians are convinced that the triumphs of the human race are a sign of God's grace and the flowering of His own mysterious design. The greater [the human race's] power becomes, the farther individual and community responsibility extends (34).

#### **RELATED WORDS**

Constitution | Magisterium | Vatican Council II

#### **QUESTION OF THE WEEK**

#### Who is Karl Rahner and why is he important?

Jesuit theologian Father Karl Rahner is often described as a 20th-century Thomas Aquinas. He fearlessly brought Christian faith and contemporary thought into fruitful conversation. To combat Modernism, the institutional church at the time presented itself as the sole possessor of truth and dispenser of divine grace. It viewed with suspicion anything that arose from the secular world, such as ideas, art, and politics. Rahner changed the starting point of the conversation. What if grace is not exterior to the world, but an intrinsic aspect of the universe as God created it with all people having access to grace?

The Rahner approach begins with the idea that the human person is the place where divine revelation occurs, where God's self-communication is most perfectly expressed. If we accept this, then humanism is no threat to faith. Christians are actually the ultimate humanists as they profess that God, through Jesus, assumes our humanity into divinity by deliberate intention. Rahner's vision was influential at Vatican II, especially in shaping **Gaudium et spes**. A church that perceives its mission in dialogue and friendship with the world can lift its truth higher and dispense its storehouse of grace farther.

—Alice Camille, from Questions Catholics Ask https://tinyurl.com/QCA-Karl-Rahner

#### REFLECTION OF THE WEEK

FEAST OF PIUS X, POPE (AUGUST 21)

#### Check the temperature

Saint Pope Pius X pastored the church at the turn of the 20th century, a tumultuous period that saw traditional ways threatened by an emerging culture determined to transform society with freer thinking. Remembered for his staunch anti-Modernist beliefs, Pius had a warm and charitable nature. After the Messina earthquake of 1908, Pius acted fast and filled the Apostolic Palace with refugees.

READINGS: Ezekiel 34:1-11; Matthew 20:1-16 (421) https://bible.usccb.org/bible/readings/082124.cfm. "Thus says the Lord GOD: I myself will look after and tend my sheep."

#### **FAITH IN ACTION**

No matter where you stand on controversial issues, be sure to act with warmth and compassion.

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#### MINISTERS OF THE LITURGY:

5:00 pm Saturday, August 24 2024

Presider: Fr. Gilbert Mashurano & Deacon Peter LeTourneau\*

7:30 am Sunday, August 25, 2024

Presider: Fr. Gilbert Mashurano & Deacon Peter LeTourneau\*

**9:30 am Sunday, August 25, 2024** Presider: Father Arthur Marat

11:30 am Sunday, August 25, 2024

Presider: Fr. Gilbert Mashurano & Deacon Don Grossnickle\*

6:00 pm Sunday, August 25, 2024

Presider: Fr. Arthur Marat & Deacon Paul Onischuk

\*Homilist

#### **GOSPEL MEDITATION:**

August 18, 2024

20th Sunday in Ordinary Time

A priest I know was asked by a door-to-door evangelist, "Do you believe in Jesus?" He answered, "Yes, I do. But if I may ask you," he continued, "Where do you experience Jesus' body and blood?" His interlocutor responded somewhat confusedly, "I don't. I just believe in him. That's all that is needed." Later my priest friend would relate to me, "The more I thought about it, that response struck me as totally inadequate. As human beings, we need to encounter Jesus' body and blood, not just hear about him and mentally believe. Otherwise, Jesus is just a ghost."

This week we see this central point as we arrive at the climactic moment of Jesus' teaching on the Eucharist. Jesus has established the importance of believing in him as the "bread of life come down from heaven." Belief deeply matters because it leads to a real, bodily encounter with Jesus through eating and drinking. That's why Jesus emphasizes to an almost outrageous degree the non-metaphorical necessity to "eat my flesh and drink my blood" (John 6:54). The real presence of Jesus' body and blood — he himself, truly, really, substantially — has been the Church's treasure since Holy Thursday. Internal belief in the heart and the ritual act of eating and drinking the Eucharist, the Church has stubbornly insisted on both, not just one or the other.

This is not meant to criticize non-Catholic Christians who deeply trust and love Jesus, nor is it a triumphal elitist claim about the Catholic Mass. Rather it is a humble, trusting acknowledgement that God in Jesus comes to us in a way most proper to human beings: in our hearts *and* our bodies, faith *and* the Eucharist.

— Father John Muir

@LPi



#### **SACRED LITURGY:**

Monday, August 19, 2024

8:30 am – Carm J. Notaro, Bill Banach, Thomas Kraft, James Zid, Jeanne Walsh

Tuesday, August 20, 2024

8:30 am - Tom Kraft

Wednesday, August 21, 2024

8:30 am - Alex Quattrocchi

Thursday, August 22, 2024

8:30 am - Deceased Members of Our Lady of the Wayside

Friday, August 23, 2024

8:30 am - Ray Shields, Katherine Haddock

Saturday, August 24, 2024

8:30 am - Marcelina Vigan

5:00 pm - Joan Galinski, Ronald Moll

Sunday, August 25, 2024

7:30 am – Patrick A. Kennedy

9:30 am – Christina Maciasz, Ron Martin, Patrick A. Kennedy, Marilyn Pallot, Marty Alegnani

11:30 am – Anita Rotor, Melvin Rotor, Virginia Cronin

6:00 pm – For the Living and Deceased Members of Our Lady of the Wayside

#### **READINGS FOR THE WEEK OF AUGUST 18, 2024**

**Sunday:** Prv 9:1-6/Ps 34:2-3, 10-11, 12-13, 14-15 (9a)/Eph

5:15-20/Jn 6:51-58

Monday: Ez 24:15-23/Dt 32:18-19, 20, 21/Mt 19:16-22

Tuesday: Ez 28:1-10/Dt 32:26-27ab, 27cd-28, 30, 35cd-

36ab/Mt 19:23-30

**Wednesday:** Ez 34:1-11/Ps 23:1-3a, 3b-4, 5, 6/Mt 20:1-16

**Thursday:** Ez 36:23-28/Ps 40:5, 7-8a, 8b-9, 10/Mt 22:1-14

Friday: Ez 37:1-14/Ps 107:2-3, 4-5, 6-7, 8-9/Mt 22:34-40

**Saturday:** Rv 21:9b-14/Ps 145:10-11, 12-13, 17-18/Jn 1:45-51

**Sunday:** Jos 24:1-2a, 15-17, 18b/Ps 34:2-3, 16-17, 18-19, 20-

21, 22-23 (9a)/Eph 5:21-32 or 5:2a, 25-32/Jn 6:60-69



#### Pray for the Sick

Mark Berberick, Gloria White Bonomo, Deacon Tom Corcoran, Marie DeSanto, Donna Hames, Theresa Hansen, Baby Dominic Leoni, Valerie Lund, Mary Mader, Delores McCloy, Alice Milota, Patricia Murray, Frances Pitzer, Fr. Rich Rhinehart, Marianne Saas, Greg Schladt, Fr. John Topper



#### **Pray for the Deceased**

Maryanne Tarzon



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#### **PARISH INFORMATION:**

434 W. Park Street

Arlington Heights, IL 60005 Website: www.olwparish.org

Email: officeservices@olwparish.org

#### **PARISH OFFICE AND RECTORY SUMMER HOURS:**

Monday thru Friday, 8:30 am – 4:30 pm

(closed from Noon to 1:00 pm)

Saturday and Sunday, 8:30 am - 1:00 pm

Phone: (847) 253-5353 FAX: (847) 253-9810

#### **SCHOOL OFFICE:**

Phone: (847) 255-0050 FAX: (847) 253-0543

#### **RELIGIOUS EDUCATION OFFICE:**

Phone: (847) 398-5011

#### **WEEKEND EUCHARISTIC LITURGIES**

Saturday Vigil: 5:00 pm

Sunday: 7:30, 9:30, 11:30 am and 6:00 pm

#### **DAILY EUCHARISTIC LITURGIES**

Monday through Saturday: 8:30 am

Daily and Saturday Vigil Masses are livestreamed on the parish YouTube and Facebook pages.

Mr. Bud Trunk

Chairperson, Parish Pastoral Council

Mr. Neal Loughery

Chairperson, Parish Management Council

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# Our Lady of the Wayside

434 WEST PARK STREET • ARLINGTON HEIGHTS, ILLINOIS 60005

#### **Adoration of the Blessed Sacrament**

Wednesdays at 9:00 am – following 8:30 am Mass.

#### Holy Communion for the Homebound & Hospitalized

Please contact Kathy O'Neill at the parish office.

#### **RCIA** (Rite of Christian Initiation of Adults)

Adults interested in learning more about the Catholic faith in order to receive the Sacraments of Baptism, Eucharist and/or Confirmation, please call the parish office.

#### **Pray the Rosary**

Monday through Saturday at 8:00 am – preceding 8:30 am Mass

Tuesdays at 4:00 pm, at the Welcoming Mother Grotto

#### **Sacrament of Anointing of the Sick**

Homebound or ill wanting to receive this Sacrament and the Eucharist, please contact the parish office.

#### **Sacrament of Baptism**

Contact Deacon Peter LeTourneau at the parish office to schedule a baptism. A baptismal preparation session is required for your first child.

#### **Sacrament of Marriage**

Contact the parish office at least six months prior to a preferred date for necessary preparation.

#### Sacrament of Reconciliation

Saturday 9:30–10:30 am. Or, contact the parish office to schedule a time.

#### PRAYER OF EUCHARIST

Dear Lord,

May our congregation be more deeply assured of Your love each time we receive Communion.

May our "Eucharist" make our lives a song of worship and thanks, sung to You.

May this sacred food nourish us to be bold and brave disciples of You.

Amen.

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