

LET'S TALK

Practical Strategies and Information to support Effective Communication for Individuals living with Alzheimer's Disease



Living with **DEMENTIA**

*Doesn't Mean
You Stop Living*

Thursday
September 14, 2023

Check In: 5:30pm

Talk: 6:00-7:00pm

Light dinner served

SPACE IS LIMITED

RSVP to: Diane Reier

847-956-4040 | Dreier@presbyterianhomes.org

LIVING WITH DEMENTIA DOESN'T MEAN YOU STOP LIVING

Are you struggling to get your family or team on the same page in understanding changes due to dementia? Not sure how to respond when unexpected behavior occurs? Feeling like you have hit a roadblock in communicating effectively or starting to burn out? Join us to gain practical knowledge and tools to support health and wellness for your loved one and yourself.

Presenter and Author: Kristine Cichowski, MS, CDP, CMDCP has worked in the Healthcare industry for over 30 years. As a certified Dementia Care Practitioner and Certified Montessori Dementia Care professional, Kristine conducts seminars and workshops on topics of family empowerment, team building, and work life integration.

The author will have her Dementia book available for purchase after her presentation.

Location: The Moorings of Arlington Heights

Harbor Room

811 W Central Road

Arlington Heights, IL 60005

Your Hosts:



847-956-4040



855-278-2764

