



Our Lady of the Wayside Parish Domestic Abuse Ministry



Resources for Additional Reading

Evans, Patricia. *Controlling People: How to Recognize, Understand, and Deal with People Who Try to Control You*. Avon, MA: Adams Media Corporation.

This book takes readers on a journey through a maze of senseless behaviors woven into our world. This book reveals how controllers struggle to shape the lives of others. Readers find out how to fend off any controller's attempts to control us.

Evans, Patricia. *The Verbally Abusive Relationship: How to Recognize It and How to Respond*. Avon, MA: Adams Media Corporation.

Newsweek declared this book "A groundbreaking new book." It appeared in Dear Abby on New Year's Day 1998. Featured on the Oprah Show, Newsweek and CNN.

Evans, Patricia. *Verbal Abuse Survivors Speak Out On Relationship and Recovery*. Avon, MA: Adams Media Corporation.

This book tells how verbal abuse precedes domestic violence and how abusers control their partner's space, time and resources. This book also lists agencies to call on for help and referrals in every state.

Miller, Mary Susan. *No Visible Wounds: Identifying Nonphysical Abuse of Women by Their Men*. New York City, NY: Random House Inc., Ballantine Books.

Dr. Mary Susan Miller breaks the silence that surrounds this devastating form of domestic violence. She also shares the stories of many survivors who have escaped their abusive relationships. These experiences can help prepare any victim for the decision of whether to stay or leave the relationship.

Scanlon, M. Susan, MD. *The Gyne's Guide for College Women*. ScanlonWorks, LLC.

Written from the perspective of a gynecologist as a guidebook for all girls going to college, the facts, tips, and suggestions about how to be healthy, safe, and happy in college are explained in detail. The book goes beyond medical facts to encourage women to think about their personal values, to set their standards high, and to make lifestyle choices consistent with the best woman they can be.

Steiner, Leslie Morgan. *Crazy Love*. St. Martin's Press.

Harvard educated Washington Post columnist shares the story of her abusive marriage.

Weiss, Elaine. *Family and Friends' Guide to Domestic Violence: How to Listen, Talk and Take Action When Someone You Care About is Being Abused*. Volcano, CA: Volcano Press, Inc.

This book received a 'starred-review' from Library Journal for core material on the subject of domestic violence. Used as a guide, it explains what you can do to help someone you love. The author strikes a balance between compassion and pragmatism. If you are a friend or relative of the victim, providing support will not be easy, but the more friends and family know about domestic abuse, the better able they are to offer useful support.



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Weiss, Elaine. *Surviving Domestic Violence: Voices of Women Who Broke Free*. Volcano, CA: Volcano Press.

This book tells the stories of twelve women who escaped their abusers and rediscovered peace. This book gives encouragement and hope in the voices of these women who broke free.

Weitzman, Susan. *“Not to People Like Us”: Hidden Abuse in Upscale Marriages*. New York, NY: Perseus Books Group, Basic Books.

This is the first book of its kind to lift the veil of silence on abuse in upper educated and upper income families. Dr. Susan Weitzman has been featured on Oprah, 20/20, National Public Radio, Fox news, People magazine, The New York Post and The Chicago Tribune.

Videos

[The Hunting Ground](#). Chain Camera Pictures, Radius, CNN Films; 2015.

A controversial documentary addressing the ‘rape culture’ that exists on college campuses, the film uses first-person testimonies and expert insights to follow undergraduate rape survivors pursuing both their educations and justice, despite ongoing harassment and lack of support from university administrations.

Websites

[Archdiocese of Chicago Domestic Violence Outreach](#)

This website provides flyers, brochures, handouts and Prayers of the Faithful to raise awareness of domestic violence throughout the archdiocese, promote the development and delivery of services and advocate for the prevention of domestic violence.

[Cardinal Blase Cupich’s Homily on Domestic Violence](#)

Chicago Cardinal Blase Cupich delivers the homily during the special Mass for Domestic Violence Awareness and Outreach at Holy Name Cathedral, encouraging all Catholics to become aware of the problem, reach out to those who are victims and work to change our culture to one of healthy relationships.

[Fr. Chuck Dahm’s Homily on Domestic Violence](#)

View the full homily as Fr. Chuck, Director of the Archdiocese of Chicago Domestic Violence Outreach, preaches on the realities of domestic violence in our communities and how we as Catholics are called to respond.

[Catholics for Family Peace](#)

This website, whose office is located at the Theological College, the University Seminary at The Catholic University of America in Washington, D.C., promotes family peace and the prevention of family abuse through education, research, practice and policy.



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[Futures Without Violence](#)

This website has many articles and resources to learn more about domestic violence.

[Love Shouldn't Hurt](#)

This website shares the story of a survivor and inspires victims to protect themselves.

[Ministry Matters](#)

This website provides resources for ministry leaders to offer support to victims of domestic violence.

[Purple Purse Foundation](#)

The Allstate Foundation Domestic Violence Program raises awareness and changes societal attitudes about domestic violence and financial abuse.

[#TeachEarly](#)

This website encourages parents to teach kids early about healthy, non-violent and respectful relationships. It is a partnership between national nonprofit Futures Without Violence and the Ad Council.

[Teen Dating Violence: Center for Disease and Control](#)

This addresses issues regarding teen dating violence and gives additional resources.

[That's Not Cool Program](#)

This program is aimed at teens to raise awareness on an issue that affects friends, family, and the community at large.

[United States Department of Justice](#)

This website provides information about domestic violence and resources for victims.

[The Verbal Abuse Website](#)

This website presents information and resources to those who strive for truth and clarity in all areas of interpersonal communications.

[Why Domestic Violence Victims Don't Leave: Ted Talk by Leslie Morgan Steiner](#)

Leslie Morgan Steiner, a Harvard educated woman, shares the story of her abusive marriage and explains how we can all break the silence.

[RAINN](#)

RAINN is the nation's largest anti-sexual violence organization and leading authority on sexual violence, a dynamic organization comprised of experts in victim services, public education, public policy, and technology. The RAINN team works together to provide best-in-class services for survivors, inform and educate the nation about sexual violence, and improve the public policy and criminal justice response to sexual violence.



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Safe Helpline

Run by RAINN, Safe Helpline is the nation's largest anti-sexual violence organization for the military, including the U.S. Army, Air Force, Marine Corps, Navy and Coast Guard.

Legislation

Cindy Bischof Law/GPS Monitoring for Violation of Order of Protection

This Illinois law is named after Cindy Bischof, an Arlington Heights woman who was killed by an ex-boyfriend who had repeatedly violated her Order of Protection.

McKinney-Vento Homeless Education Assistance Act of 1987

This federal law provides federal money for homeless shelter programs. It also states that homeless families can stay in their home school.

The Violence Against Women Act

This act was passed in 1994 under the leadership of then-Senator Joe Biden. It combines provisions to hold offenders accountable with programs to provide services for the victims of such violence.